



ZIMBABWE EZEKIEL GUTI UNIVERSITY

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FACULTY OF HERITAGE, HUMANITIES, AND SOCIETAL  
ADVANCEMENT

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DEPARTMENT OF SOCIAL WORK

END OF SEMESTER: EXAMINATION PAPER

COURSE CODE : ASW426

COURSE TITLE : FOUNDATIONS OF GERONTOLOGY

DURATION : 3 Hours

DATE :

24 NOV 2025

**INSTRUCTIONS TO CANDIDATES:**

1. This paper contains **ONE** section
2. Answer any **THREE** questions only.
3. Each question carries equal marks.
4. Start each question on a new page of your answer sheet.

**Question 1**

Compare and contrast disengagement theory and activity theory, explaining how each theory impacts the aging process.

**Question 2**

Discuss the role of social workers in supporting older adults with mental health issues and how they can intervene with older adults experiencing depression, anxiety or cognitive impairments.

**Question 3**

In detail, discuss the common health problems experienced by older adults and discuss strategies for prevention and management.

**Question 4**

Giving practical examples, discuss the nutritional needs and of older adults and explain strategies for promoting healthy eating habits in this population.

**Question 5**

Evaluate the effectiveness of palliative care programs in addressing the needs of older patients.

THE END

20/120 (am)